## Liturgy: Psalm 30

I will praise you, O Lord, for you have drawn me up, and did not let my foes rejoice over me. *O Lord my God, I cried to you for help, and you have healed me.* 

O Lord, you brought up my soul from the grave, restored me to life from among those gone down to the pit. *Sing praises to the Lord, O you his faithful ones, and give thanks to his holy name.* 



(Congregation Seated)

God's anger is but for a moment, but his favor is for a lifetime. Weeping may linger for the night, but joy comes with the morning.

As for me, I said in my prosperity, 'I shall never be moved. By your favor, O Lord, you have established me as a strong mountain'. Then you hid your face and I was dismayed.

To you, O Lord, I cried and to the Lord I made my plea.

## What profit is there in my death? Will the dust praise you? *Hear O Lord, and be gracious to me. O Lord, be my helper.*

You have turned my mourning into dancing; you have taken off my sackcloth and clothed me with joy, so that my soul may praise you and not be silent.

O Lord, my God, I will give thanks to you forever.

(Congregation Standing)

